



Division of Senior Programs/RM Senior Center 2014 Annual Survey

Your completion of the following survey will help us continue to strive for *EXCELLENCE!*

**Please provide the following information.
Answers are used for statistical purposes only
and your answers are confidential.**

I am a resident of the City of Rocky Mount?
 Yes No

I am Female Male

My age is:
 55-65 66-70 71-80 81-90 91+

My ethnicity is:
 African-American American Indian Asian
 Hispanic White Other I decline to answer

My annual income is:
 Under \$11,000 \$11,001-\$15,000
 \$15,001-\$25,000 \$25,001-\$30,000
 \$30,001-\$40,000 \$40,001-\$50,000
 \$50,001+ I decline to answer

How often do you visit the Rocky Mount Senior Center and/or attend our programs/activities?

3-5 times/week 1-2 times/week
 1-2 times/month Only special events
 Other _____

Please check the programs in which you participate
(Check all that apply)

<input type="checkbox"/> Fitness Center	<input type="checkbox"/> Senior Stretch
<input type="checkbox"/> Trips/Travel	<input type="checkbox"/> Educational Programs
<input type="checkbox"/> Computer Lab	<input type="checkbox"/> Crafts
<input type="checkbox"/> Card Games	<input type="checkbox"/> Bingo
<input type="checkbox"/> Open Swim	<input type="checkbox"/> Lunch & Learn
<input type="checkbox"/> Billiards	<input type="checkbox"/> Special Events
<input type="checkbox"/> Clubs	<input type="checkbox"/> Health Screenings
<input type="checkbox"/> Health Screenings	<input type="checkbox"/> Water Aerobics
<input type="checkbox"/> Volunteering	<input type="checkbox"/> Drop in Activities
<input type="checkbox"/> Senior Games	<input type="checkbox"/> Athletic League/Tourn
<input type="checkbox"/> Other _____	

How would you rate the quality of programs offered?
 Excellent Good Fair Poor

How would you rate the quality of our facilities?
 Excellent Good Fair Poor

Assuming funding is available, what facility improvements would you like to see made in the future?

How would you rate the quality of staff & volunteers of the division and facility?
 Excellent Good Fair Poor

Please provide a brief explanation:

How do you hear about OUR programs, services and/or classes? *(Check all that apply)*

RM Parks & Recreation Program Guide
 RM Parks & Recreation Website/Sr. Programs
 RM Senior Center Emails
 RM Senior Center Newsletter
 Rocky Mount Telegram Community Calendars
 Rocky Mount Telegram Ads
 RM Telegram - Forever Young Magazine
 Radio Community Calendars or ads
 Facility Flyers/Program Calendars
 Friends/Family
 OTHER (Please list)

What new trips would you like to see offered by the Division of Senior Programs and RMSC? *(please list)*

Would you participate in a Personal Fitness Training Program with a Certified Health Fitness Specialist if such a program was offered? Yes No

Would you pay a nominal fee for personal fitness training? Yes No

Do you have a computer? Yes No
 Do you use the Internet? Yes No
 Do you use e-mail? Yes No

Do you think of the Division of Senior Programs and the Senior Center as a resource for referrals and/or information about the following: *(Check all that apply)*

- Healthy Living/Staying Fit
- Safety Information
- Medicare/Insurance questions
- Community activities
- Education about older adult issues
- Clubs
- Volunteering
- Travel
- Other _____

How do you get your information about OTHER COMMUNITY programs, activities and events? *(Check all that apply)*

- Ads in the Rocky Mount Telegram
- Other newspaper _____
- RM Telegram Community Calendar
- City Beat Electronic Newsletter
- City of Rocky Mount Website
- Church bulletins or organizations
- Flyers
- Direct mail
- Radio announcements
- TV-19 or other local station
- Friends/family
- RM Senior Center
- Clubs/organizations *(Please list)*
- _____
- _____
- Other _____

Do you listen to the radio? Yes No
If Yes, what stations do you listen to?

Do you read the RM Telegram? Yes No
If yes, which issues:

- Monday - Friday Saturday
- Sunday Only once-in-awhile

What Programs/Activities would you like to see developed and implemented by the RM Senior Center?

- Community/Civic Engagement Events
- Yoga for seniors
- Swimming lessons
- Reading group/club
- Bridge club
- More exercise/fitness classes
- Cooking classes
- Jewelry Making
- Knitting/Crocheting
- Art/Craft classes *(please list what crafts)*
- _____
- Travel club
- Nutrition class/Healthy eating
- Theatre/drama class or club
- Social Media class (Facebook, Instagram, etc.)
- What is a Smart Phone and how would I use it?
- Gardening club
- RM Senior Center Chorus
- Ballroom Dance
- Pickle Ball
- Movie Club
- "Senior" Prom Dance
- Medicare/Medicaid
- Healthy Aging Classes
- More health screenings *(Please list)*
- _____
- Program Advisory Council
- Other: _____
- _____

What three (3) words best describe the RM Senior Center, its programs, and its staff/volunteers?

1. _____
2. _____
3. _____

Do you feel your "quality of life" has improved due to The Rocky Mount Senior Center programs and facility?
 Yes No

Please use the supplied addressed envelope to mail your completed survey to the Senior Center, *OR* Bring your completed survey to: the Rocky Mount Senior Center 427 S. Church St., Rocky Mount NC 27802

Thank you for your participation. We look forward to seeing you at The Center!