



North Carolina Senior Center Alliance

NCSCA NEWS LATE FALL 2025

LEADER'S LETTER

Greetings NCSCA members,

As the year draws to a close, the excitement and business of the season are upon us. There is so much to do and so little time—Christmas festivities, holiday celebrations, shopping, time with family and friends, and year-end giving. This period also invites us to reflect on the past year and look ahead to the future.

It is natural to get swept up in the fun and spirit of this time of year, and we should embrace it. Yet, it is important to remember that not everyone experiences this season with the same joy. Some have lost loved ones during the year and find themselves struggling through the holidays without them. For others, what is typically a season of love and hope may feel quite different.

As leaders in our community this season calls for boldness—bold people willing to share hope and love not just with those they know, but also with strangers. This can take many forms. Perhaps it means doing something you have never done before or doing more of what you have already done. It might be spending extra time with seniors who are isolated or offering a heartfelt hug to someone who needs it. There is always room to do more, to share the love we have. Love is meant to be given freely, not hoarded, and it is time to share it even more generously.

Will you be bold this season and extend your love to those who long to feel connected, valued, and reminded that they are loved? Now is the time for us to demonstrate boldly what this season truly represents. Let us show others the meaning of the holidays through our actions and care.

Merry Christmas, happy holidays, and may all the goodness of the season be multiplied for you and your family.

Blessings. -Rich



Submitted by: Rich Zeck, Chair, Q, Pitt County Council on Aging

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THANK YOU, RICH!!!



North Carolina Senior Center Alliance

NCAOA/NCSCA MEMBERSHIP RENEWAL

Become a contributing member of one of the state's leading professional associations in the aging field. Your NCAOA membership benefits will easily surpass the cost of annual dues, and include:

- Advocacy - The NCAOA employs a Lobbyist that works daily to promote legislative priorities such as increased HCCBG and other funding sources for Senior Centers. More often than not, lobbyists are the difference in revenue streams coming to the aging field or being routed elsewhere.
- Training - The NCAOA offers Aging Boot Camps and an Annual Conference featuring leading professionals in the aging field. You receive an instant discount with your active membership.
- Partnerships - Your NCAOA membership comes with a complimentary membership to the North Carolina Senior Center Alliance.
- Award Opportunities - Member only opportunities to receive one of the NCAOA Excellence in the Field of Aging Awards.
- Marketing and Communication - Our members receive electronic updates and newsletters with urgent advocacy and legislative updates and more.

If you have questions about whether your membership is due in August or January, please use the email below to receive confirmation for when you should renew. If you are not yet a member of the North Carolina Association on Aging or the North Carolina Senior Center Alliance- this is a wonderful time to begin!

We need to band together and pool resources, ideas, and information more than we need to do so now! Being of a member of these groups gives you access to many free resources and networking opportunities. In addition, there are leadership opportunities (which you know helps you in SCOPE), and even grant or award opportunities.

For more information about the benefits of membership- check out the websites listed below; and to register or renew please use the link below:

REGISTRATION/RENEWAL:

[HTTPS://APP.JOINIT.COM/O/NORTH-CAROLINA-ASSOCIATION-ON-AGING](https://app.joinit.com/o/north-carolina-association-on-aging)

NCAOA:

[HTTPS://WWW.NCAOAGING.ORG/](https://www.ncaoaging.org/)

NCSCA:

[HTTPS://NCSCALLIANCE.ORG/ABOUT](https://ncscalliance.org/about)



North Carolina Senior Center Alliance

NCSCA IDEA CORNER

The NCSCA Marketing committee has come up with a few ways to share great ideas!

Please share. To have a post featured on the NCSCA Facebook Page (send to: anna.kelly@davidsoncountync.gov) and/or make a submission to the NCSCA Newsletter (send to: katherine.irby@darenc.gov).

For the newsletter, please include simple instructions of how to execute the program/ideas and please include a photo if you can.

Please follow the follow simple rules for Facebook submission.

Types of Content to Post:

Educational Content

Articles, tips, and resources about best practices in senior center management.

Aging trends and strategies for improving senior programs.

Training opportunities and webinar announcements.

Spotlights and Features

Highlighting individual senior centers in North Carolina.

Sharing success stories about programs benefiting older adults.

Recognizing outstanding staff, volunteers, or initiatives.

Event Announcements

Promoting NCSCA-hosted events, training sessions, and conferences.

Sharing state and national events relevant to senior center professionals.

Advocacy and Policy Updates

Informing followers about policies or legislation affecting senior centers.

Sharing advocacy opportunities and encouraging engagement.

Engagement Posts

Creating polls, Q&A posts, or discussion starters.

Asking followers for input on programming needs or professional development topics.

Celebrations and Observances

Recognizing milestones like National Senior Center Month.

Celebrating holidays, anniversaries, or notable achievements.



North Carolina Senior Center Alliance

NCSCA IDEA CORNER CONTINUED

Resources and Tools

Sharing downloadable toolkits, guides, and funding opportunities.
Posting updates about partnerships and available grants.

Page Posting Rules/Content Guidelines:

Posts must align with the mission and goals of NCSCA.

Avoid political or religious content unless directly related to policies affecting senior centers.

All content must be factual, professional, and relevant to senior center professionals or older adults.

Engagement Rules:

Encourage constructive and respectful discussions.

Monitor comments for inappropriate language, hate speech, or spam.

Remove comments or posts that violate these guidelines.

Image Use Policy:

Only post images with proper permissions or that are royalty-free.

Obtain written consent before posting identifiable photos of individuals.

Use captions to provide context for all images.

External Links:

Share only reputable sources (e.g., government websites, professional organizations).

Verify all links for accuracy and relevance before posting.

Thank you all for your input and your willingness to share ideas and great programming from across the state! It is a wonderful thing to learn from each other during our journey.



North Carolina Senior Center Alliance

NCSCA NEWS FROM AROUND THE STATE

5 MINUTE CHALLENGE



Each newsletter cycle, a prompt will be sent to you via email requesting that you complete the following 4 steps:

- 1-take a picture of something happening in your center at that very moment, even if working remotely, totally acceptable;
- 2-write a caption in (preferably) 20 words or less to describe what the picture reflects;
- 3- include your name, status with NCSCA, if any, region, and name of the center;
- 4-submit the picture and information to katherine.irby@darenc.gov

It is a very simple way to share and highlight your hard work while giving fresh ideas to our fellow senior center folks!! Or share pictures from over the season.



North Carolina Senior Center Alliance

Fantastic Fall on the OBX!



The Tillett Center has been full of fall! Needle felting classes, multi-generational ice cream social, fun fundraising for senior travel, exercise classes galore, back to school drive, super successful STEPtember, dolphin watching, Senior Games state finals, trips to Mt. Rushmore and Nova Scotia, cruising on the Albemarle Queen, Dare to Scare 5K, celebrating our own for his 100th birthday and being recognized as the oldest living veteran in Dare County, No Carve contest fun, Team Spirit Fridays, and a Veterans Celebration for the ages! It's the autumn of our lives.

Submitted by: Katherine Irby, Marketing, R, Tillett Center



North Carolina Senior Center Alliance

NCSCA NEWS FALL 2025

2025 FALL FEST



The Council on Aging in Pitt County completed the 9th Annual FallFest, with over 50 vendors and hundreds of attendees!



Submitted by: Cyndi Shimer, Q, Pitt County Council on Aging



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Mitchell County participants are wearing pink in to bring awareness....and sweatiness to breast cancer!

NCSCA NEWS FALL 2025



Hats off to New Hanover



The fabulous New Hanover participants showed off their fun and creativity during Crazy Hat Day—celebrating Senior Center Month in true style!



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Congratulations SRC Hi-Steppers



The lively and talented SRC Hi-Steppers tapped their way to Gold at the NC Silver Arts Follies Competition—congratulations on bringing home the top prize!



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Sweater Weather Soiree



From dancing to DJ Ann's tunes to sipping spiced apple cider and sharing laughs, the Sweater Weather Soiree was the perfect cozy fall celebration of friendship and fun!

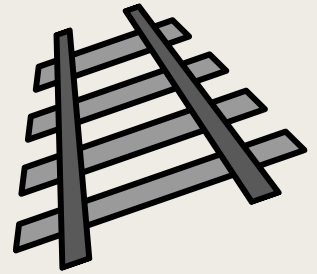
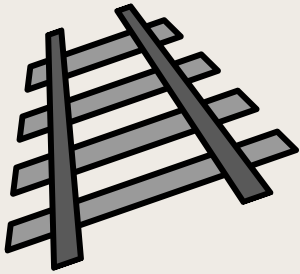
Submitted by: Megan Lanier, O, New Hanover County Senior Resource Center



North Carolina Senior Center Alliance

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Riding the Rails



Haywood County seniors went on a trip to the Andrews Valley Rail Tour.

Four of them biked the rail bike and 8 of them rode on the rail cart.

We had a lovely time enjoying great weather, autumn leaves, lunch, activity and each other.

Submitted by: Carol Swallow, A, Haywood County Senior Center



North Carolina Senior Center Alliance

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HALLOWEEN IN HILDEBRAN



East Burke Senior Services participated in the Hildebran Community BBQ & Trick-or-Treat Event.

Tera, a staff member, is featured "manning the table".

Candy, resources, and surveys were distributed.

Fred, pictured on the right, and the star of the senior center, was available for photo opps with his fans!



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Throwing Shade on Breast Cancer



Hertford County is “Throwing Shade” on breast cancer at the Breast Cancer Awareness Workshop that followed the monthly Senior Breakfast.



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CLEAR VISION



SENIORS AT THE MURFREESBORO CENTER RECENTLY CREATED POWERFUL VISION BOARDS TO EXPRESS HOW THEY SEE THEMSELVES TODAY—AND HOW THEY ENVISION THEIR FUTURE. THEIR BOARDS TOLD BEAUTIFUL STORIES OF RESILIENCE AND ASPIRATION. IT WAS A MEANINGFUL REMINDER THAT NO MATTER OUR AGE, WE ARE ALWAYS GROWING, ALWAYS DREAMING, AND ALWAYS BECOMING.

Submitted by: Diedra Evans, Q, Hertford County Office on Aging



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PUMPKIN PAINTING



PUMPKIN PAINTING DAY AT THE HERTFORD SENIOR CENTER WAS A HIT! THE GROUP GOT INTO THE FALL SPIRIT WITH PAINT, PUMPKINS, GREAT CREATIVITY AND PLENTY OF SMILES!

Submitted by: Diedra Evans, Q, Hertford County Office on Aging

NCSCA NEWS FALL 2025

Fish Fry



What a FRY-TASTIC time at Quinton's! Sponsored by the Hertford County Commissioners and the Office of Aging, it was a crispy golden success, with well over 200 participants. Laughter, full plates and even fuller hearts were the theme of the day.



North Carolina Senior Center Alliance

NCSCA NEWS FALL 2025



NC MedAssist
MOBILE FREE PHARMACY

**OTC MEDICINE GIVEAWAY
& COMMUNITY EVENT**

Friday, November 7, 2025
9AM — 2PM

Ahoskie Recreation Center
1103 W Main St.
Ahoskie, NC 27910

Take home free over-the-counter medicine, including allergy, cough and cold, pain relief, vitamins, children's medicine, and more! Order ahead online and schedule a pick up time or simply walk in to select your **FREE** medicines.

!! OPEN TO ALL NC RESIDENTS !!

Walk-ins welcome | No income requirements | No I.D. required
Must be 18+ to receive medicines

ONLINE ORDERING OPENS: 10/7/2025
ONLINE ORDERING CLOSING: 10/31/2025*

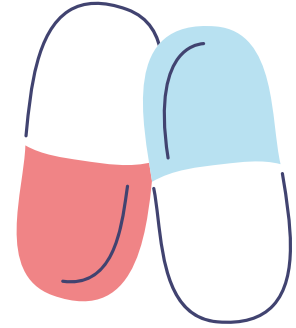
*Or when a maximum 500 orders placed

To preorder, scan the QR code or visit medassist.org/mobile

This program has been brought to your community in partnership with:

TOWN OF AHOSSKIE
COUNTY OF HERTFORD
SHIP
NORTH CAROLINA DEPARTMENT OF INSURANCE

NC MedAssist is a statewide, nonprofit pharmacy that provides free prescription and over-the-counter (OTC) medications through three core programs. Learn more at www.medassist.org.



Keep your eyes peeled each year for an event near you!

NC MED ASSIST MOBILE PHARMACY

Don't miss your chance to stock up on free over-the-counter medicines. Simply visit medassist.org/mobile for the latest information.

The events are open to all North Carolina residents aged 18 and older.

The Hertford County Office of Aging would like to extend our gratitude to our grant sponsors, NC SHIP and the Senior Medicare Patrol, as well as our community partner, the Town of Ahoskie, for their generous support in November.



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A GROUP OF SENIORS IN DAVIDSON COUNTY WENT ON A HISTORICAL WALKING TOUR OF DOWNTOWN LEXINGTON! WE PARTNERED WITH THE HISTORICAL MUSEUM STAFF AND KICKED OFF THEIR WALKING TOUR OFFERINGS!



Submitted by: Anna Claire Kelly, G, Website Administrator, Davidson County Senior Services



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DAVIDSON COUNTY PARTICIPANTS HAD FUN PAINTING CANVAS TOTES TO CARRY THEIR GOODIES AND GROCERIES. PRIOR TO THE CLASS, WE ADDED THE BLACK LINES TO THE TOTE BAGS USING VINYL SO IT WOULD BE EASIER TO PAINT. ONCE THE TOTES WERE PAINTED, PARTICIPANTS CAN GO BACK OVER THE BLACK LINES WITH A Q-TIP TO CLEAN UP ANY EXTRA PAINT.



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Wired in Davidson



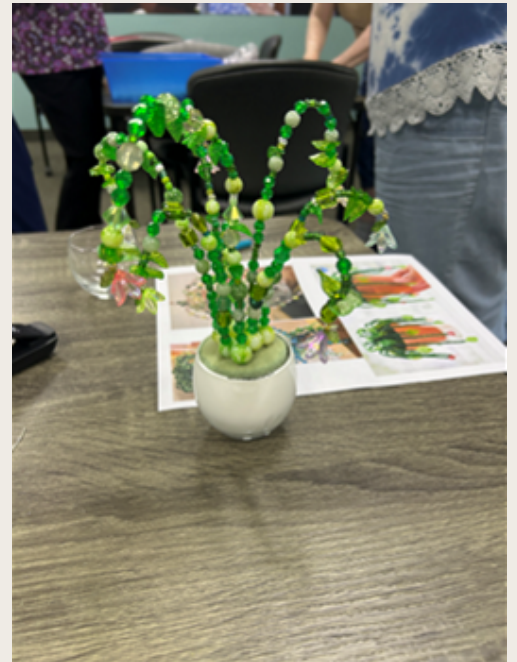
DAVIDSON COUNTY PARTICIPANTS LOVE WHEN THE HOMETOWN ARTISAN GUILD COMES, ESPECIALLY BARRY, THE WIRE MAN! IN THIS CLASS, THEY MADE WIRE WRAPPED TREES!

Submitted by: Anna Claire Kelly, G, Website Administrator, Davidson County Senior Services



North Carolina Senior Center Alliance

NCSCA NEWS FALL 2025



**DAVIDSON COUNTY JUST HAD TO TRY OUT THE
TIK TOK TREND OF BEADED PLANTS! THEY
TURNED OUT BEAUTIFUL! THE BEST PART IS,
THEY CANT DIE!**



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THRIVE



Caldwell Senior Center has officially rebranded as Thrive, with the tagline “Age Reimagined.” The new name reflects a modern, age-positive vision of what it means to grow older — emphasizing vitality, connection, and lifelong growth.

The rebranding launched during National Senior Center Month in September, aligning with this year’s theme, “Powering Possibilities: Flip the Script.” Thrive’s refreshed look and messaging are designed to engage a broader audience, strengthen community partnerships, and better reflect the innovative programs and advocacy work the center is known for.

While the mission remains the same — to provide innovative programs and services that enhance the lives of people as they age — the name “Thrive” embodies the energy and optimism that define the organization’s approach.

Visit thrive828.com to see how Caldwell County is reimagining aging and evolving to meet the next generation of older adults.

Submitted by: April Austin, E, Thrive: Age Reimagined, Caldwell County



North Carolina Senior Center Alliance

NCSCA NEWS FALL 2025



Caldwell County Stats:

211 participants walked 40,080,416 steps.

Submitted by: April Austin, E, Thrive: Age Reimagined, Caldwell County



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NCSCA NEWS FALL 2025



YEAR ROUND GIFT IDEA



The residents of Tyrrell House may not have anyone stopping by on holidays or special occasions like Christmas; we wanted to share a small gift. Tyrrell Senior Adult Activity Center participants are making ornaments for residents to place in their rooms, as a simple token of love and care.

Submitted by: Shenita Jones, R, Tyrrell County Senior Adult Activity Center



North Carolina Senior Center Alliance

NCSCA IN OTHER NEWS





North Carolina Senior Center Alliance

FAMILY CAREGIVER MONTH



Governor has officially proclaimed November as Family Caregiver Month in North Carolina. This proclamation honors the invaluable contributions of family caregivers and highlights the essential role they play in supporting our communities.

Submitted by: Selena Royal, NCDA Representative



North Carolina Senior Center Alliance

ALL AGES, ALL STAGES

NCDHHS Marks One Year of Progress Toward an Age-Inclusive Future with All Ages, All Stages NC

The North Carolina Department of Health and Human Services is celebrating one year of *All Ages, All Stages NC*, the state's Multisector Plan for Aging. This plan addresses the needs of the state's rapidly growing aging population in transforming the infrastructure and coordination of services to better serve these populations, ensuring that all North Carolinians can live and age well in their communities. To celebrate this milestone, NCDHHS' Division of Aging is announcing a "Future Self Contest," inviting students from Pre-K through 12th grade to imagine their future selves and reflect on what it means to live in an age-inclusive society.

The Future Self Contest encourages students to submit creative works such as poetry, music, or art that explore themes of aging, respect for older adults, and challenging stereotypes about aging. The contest aims to empower students to inspire positive change in their communities. Winners of the contest will be featured on the NCDHHS Division of Aging website and celebrated at the Year One All Ages, All Stages NC Celebration later next year. The contest period runs from Oct. 13, 2025, through Feb. 23, 2026. Winners will be announced on March 16, 2026.

NCDHHS launched All Ages, All Stages NC, in September 2024 in response to significant demographic shifts in aging residents. In 2024, North Carolina was home to over 1.9 million adults aged 65 and older, and each year more than 49,000 adults aged 60 and over move to the state from other states or abroad. By 2032, older adults will outnumber children under 18 for the first time in the state's history, and adults aged 85 and older are projected to be the fastest-growing age group over the next two decades. Currently, North Carolina ranks ninth in the nation in the number of residents aged 65 and older, highlighting both the size of this population and its rapid growth.

"Supporting all North Carolinians through all phases of life is crucial. With the All Ages, All Stages NC plan, we honor our commitment to the over two million North Carolinians ages 65 and older to foster and promote an enhanced quality of life," said NC Health and Human Services Secretary Dev Sangvai. "Through strong partnerships and transformative initiatives, we are one step closer to reaching our shared goal of implementing long-term solutions that embrace and empower our aging populations."

"North Carolina is at a pivotal moment. Our population is aging, but this is not just a challenge, it is an opportunity to rethink how we support every stage of life," said Michael Leighs, NCDHHS Deputy Secretary for Opportunity and Well-Being. "By investing in financial security, health, caregiving, and inclusive communities, we are not just serving older adults, we are building a state where people of all ages can thrive."

In its first year, All Ages, All Stages NC has moved from planning to implementation, bringing together more than 200 partners across government, health care, housing, education, workforce, and transportation. These partners are advancing key priorities aligned with four overarching goals: Supporting Older Adults and Their Families, Strengthening Communities for a Lifetime, Optimizing Health and Well-Being, and Affording Aging. As part of the All Ages, All Stages NC initiative, NCDHHS launched the Back in the 20s campaign to share stories of this work in action across North Carolina. The videos highlight efforts to expand long-term services and supports, enhance caregiver resources, improve housing accessibility and strengthen the direct care workforce.

Among the initiative's early achievements is the launch of taskforces to build an age inclusive culture through efforts like Ageism Awareness Day and the Future Self Contest. Close to 3,000 caregivers across 98 out of 100 counties are now supported through the expanded NC Caregiver Portal. NCDHHS also launched NC's inaugural National Core Indicators State of the Workforce Survey for Aging and Disabilities this Fall to help advance the data landscape for direct care.

Currently, a new Financial Education Toolkit is being developed to help North Carolinians plan for financial stability and promote multi-generational well-being and we anticipate it will be finalized in June 2026. The state is also addressing the digital divide through initiatives such as the WISEConnect Pilot, a platform that helps older adults access local resources and strengthen social connections through technology, and sustaining the existing Ageless Access Digital Navigators Program, which supports digital literacy and access across the state. Additionally, the Housing subgroup is advancing universal design and accessibility to help people age safely in place, aligning its efforts with the NC Housing Strategic Plan.

"North Carolina's success depends on our ability to support communities where people of every age can thrive. The early work of All Ages, All Stages NC shows what's possible when we coordinate across sectors and take a lifespan approach to healthy aging," said Joyce Massey-Smith, Director of the NCDHHS Division of Aging.

These early efforts highlight the shared vision of the plan to build a state where every North Carolinian, regardless of age or ability, can live with purpose, security, and connection. The plan's next phase will focus on deepening local engagement, expanding data-driven decision-making, and advancing measurable outcomes through public-private partnerships.

For more information about All Ages, All Stages NC and how to get involved, visit NCDHHS' website.

Submitted by: Divya Venkataganesan Cupitt, Section Chief, Planning and Systems Support, NCDA
www.ncdhhs.gov/news



North Carolina Senior Center Alliance

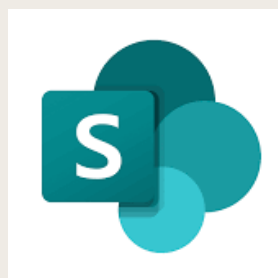
DIVISION OF AGING: FUNDED PARTNER SHAREPOINT

The North Carolina Division of Aging is excited to announce the upcoming launch of our brand-new Division of Aging Funded Partners SharePoint site, designed specifically for you!

This new platform is a momentous step forward in how we collaborate and share information with our valued partners. The Division of Aging Funded Partners SharePoint site will eventually replace the current “Funded Partner Resources” section of the NCDHHS website.

The SharePoint site will be your dedicated resource to access the essential documents and tools needed to support our shared success.

Be on the lookout for your invitation!





North Carolina Senior Center Alliance

2024-2025

NORTH CAROLINA SENIOR CENTER DIRECTORY

Being a member of NCSCA means staying connected to other in the senior center community.

If you are interested in having access to the NC Senior Center Directory (listed by region) please follow the link:

[HTTPS://WWW.NCSCALLIANCE.ORG/ABOUT](https://www.ncscalliance.org/about)

You may download the document to your computer or print, as you wish.

If you see inconsistencies, please report them to

leslee.breen@dhhs.nc.gov



North Carolina Senior Center Alliance

2025-26 NCSCA COMMITTEE

Your NCSCA Committee Members are here to help YOU thrive. Please feel free to contact any of the members listed in the chart below for any questions you may have or to just to introduce yourself.

North Carolina Senior Center Alliance Committee Membership Roster



Rich Zeck (Q) Chair Training/Mentoring Subcommittee Lead Pitt County Council on Aging 4551 County Home Rd Greenville, NC 27858 252-752-1717 rzeck@pittcoa.com Term Expires: January 2026	Jennifer Barraclough (F) Vice Chair Advocacy Subcommittee Lead Iredell Council on Aging 344 East Front Street Statesville, NC 28677 704-873-5171 jbarraclough@iredellcoa.org Term Expires: July 2026	Christy Southall (K) Treasurer Special Projects Subcommittee South Granville Senior Center PO Box 786 Creedmoor, NC 27522 919-528-0848 christy.southall@granvillecounty.org Term expires: January 2026	Betsy Griffin (P) Secretary Membership/Communication Subcommittee Lenoir County Council on Aging 112 E. Blount Street Kinston, NC 28501 252-527-1545 director@leniorcco.org Term Expires January 2026
Anna Claire Kelly (G) Website Administrator Marketing Subcommittee Lead Davidson County Senior Services 555-B West Center St. Ext. Lexington, NC 27295 336-242-2949 annakelly@dauidsoncountync.gov Term expires: January 2026	Kim Crawford (A) Advocacy Subcommittee Macon County Senior Services 108 Wayah Street Franklin, NC 28735 828-349-2058 ext. 2727 kcrawford@macoonc.org Term expires: January 2026	Katherine "Kat" Irby (R) Newsletter Marketing Subcommittee Virginia S. Tillett Community Center 950 Marshall C. Collins Drive Monteo, NC 27854 252-475-8273 katherine.irby@daresnc.gov Term Expires: May 2026	Amber Smith (O) Advocacy Subcommittee New Hanover Co. Senior Resource Center 2222 South College Rd. Wilmington, NC 28403 910-796-6401 asmith@nhcnc.gov Term Expires: January 2026
Roxanne Powell (I) Training/Mentoring Subcommittee Burke County Senior Services 501 North Green St Morganton, NC 28655 828-430-4147 roxanne.powell@burkenc.org Term Expires: January 2026	Weyland Prebor (C) Special Projects Subcommittee Lead McDowell Senior Center 100 Spaulding Road Marion, NC 28752 828-659-0823 wprebor@mcdoowellseniorcenter.org Term Expires: January 2026	Amanda Kempen (N) Marketing Subcommittee Hamlet Senior Center 102 Veterans Drive Hamlet, NC 28345 910-582-7985 akempen@hamletnc.us Term Expires: March 2026	Open Spot (L) Contact Rich Zeck if interested.
Sheila Armwood (M) Advocacy Subcommittee Sampson County Dept. of Aging 405 County Complex Rd Bldg. B, Ste. 104 Clinton, NC 28328 910-529-3931 sarmwood@sampsonnc.com Term Expires: January 2026	Torrey Blackmar (J) Special Projects Subcommittee Garner Senior Center 205 East Garner Road Garner, NC 27529 919-661-6893 tblackmar@garnernc.gov Term expires: May 2026	Shana Kriewall (B) Special Project Subcommittee Harvest House 205 Kenilworth Road Asheville, NC 28803 828-350-2051 skriewall@ashevillenc.gov Term expires: January 2026	Open Spot (D) Contact Rich Zeck if interested.



North Carolina Senior Center Alliance

2025-26 NCSCA COMMITTEE

Your NCSCA Committee Members are here to help YOU thrive. Please feel free to contact any of the members listed in the chart below for any questions you may have or to just to introduce yourself.

Maynell Harper (K) Member at Large Advocacy Subcommittee Person County Senior Center 87 Semora Road Roxboro, NC 27573 336-599-7484 maynell.harper@personseniors.org	Cyndi Shimer (Q) Member at Large Advocacy Subcommittee Pitt County Council on Aging 4551 County Home Rd Greenville, NC 27858 252-752-1717 ext. 205 cshimer@pittcoa.com	Sandy Pace (R) NCAOA Chair (Ex-Officio) Retired Director 105 Fannin Mill Rd. Manteo, NC 27954 252-489-5720 sandyrs5625@gmail.com	Janice Tyler (J) Member at Large Orange County Department on Aging 2551 Homestead Road Chapel Hill, NC 27516 919-245-4255 jtyler@orangecountync.gov
NCDAAS Representative Leslee Breen (Ex-Officio) N.C. Division of Aging MSC 2101 Raleigh, NC 27699 919-855-3414 Leslee.breen@dhhs.nc.gov	NCDAAS Representative Selena Royal (Ex-Officio) N.C. Division of Aging MSC 2101 Raleigh, NC 27699 919-855-3423 selena.royal@dhhs.nc.gov	Kisha Williams (P) Member at Large Special Projects Subcommittee Carteret County Aging Services Leon Mann Jr. Enrichment Center 3820 Galantis Drive Morehead City, NC 28557 252-247-2626 Lakisha.Williams@carteretcountync.gov	Rik Covalinski (E) Member at Large Marketing Subcommittee Executive Director Neighbors Network 502 Thornburg Dr. NE Conover, NC 28613 828-464-1111 rik@neighborsnetwork.org





North Carolina Senior Center Alliance

EDITOR'S NOTE: North Carolina Senior Center news matters to us. NCSCA newsletters will be sent to the email address that we have on file.

Please submit your news article or other content you would like to share to: Katherine Irby via katherine.irby@darenc.gov Microsoft Word is the preferred platform, please do not use PDF. Please DO include photographs (.gif .jpeg or .png) when possible--everyone loves pictures!

The next deadline is **February 27, 2026 at 5 p.m.** in order to be included in the Winter 2026 Edition. Late submissions will not be accepted.

When lacking content supplied by our members; we will utilize outside sources to ensure that we continue to build and grow healthy seniors together while nurturing our own NCSCA network through idea sharing, personal and professional updates and any other pertinent news! Thank you!

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FACEBOOK PAGE



CHECK OUT OUR WEBSITE:
WWW.NCSCALLIANCE.ORG

FOR MORE INFORMATION ON THE
NCSCA VISIT: WWW.NCSALLIANCE.ORG
OR EMAIL:
NCSCALLIANCE@GMAIL.COM OR YOU
MAY CONTACT
NCSCA CHAIR, RICH ZECK, BY CALLING
252-752-1717 OR VIA EMAIL:
RZECK@PITTCOA.ORG

NCSCA NEWSLETTER

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Contributing Author: Megan Lanier, O, New Hanover County Senior Resource Center

Contributing Author: Rebecah Bova, E, Easy Burke Senior Services

Contributing Author: Diedra Evans, Q, Hertford County Office on Aging

Contributing Author: April Austin, E, Thrive: Age Reimagined, Caldwell County

Contributing Author: Shenita Jones, R, Tyrrell County Senior Adult Activity Center

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